

Let's Call It
QUITS!

Don't blow smoke in the face of those you love!



BAD
4 U

NO
WAY

I QUIT!

QUIT
NOW

BREAK UP WITH TOBACCO TODAY!

Tennessee Tobacco
QUITLINE
1-800-QUIT-NOW
1-800-784-8669
www.tnquitline.org

Ready to move on from your relationship with tobacco? We can help! Call the Tennessee Tobacco QuitLine today to get started.

TN Department of
Health

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